

**Al Ittihad Private School  
Jumeirah**



# **Wellbeing Policy**

## **AY 2025-2026**



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## Vision Statement

“A generation of heritage guardians and global thinkers”

## Mission Statement

IPS-Jumeirah provides a nurturing learning environment which motivates students to develop and exercise essential leadership skills for the 21 century. Our programs promote lifelong learners who display self-discipline, the ability to work effectively and respectfully with diverse teams, display tolerance and acceptance of others, while encouraging them to become global citizens who stay true to their heritage.

## Core Values

- Tolerance
- Compassion
- Resilience
- Innovation
- Honesty
- Respect
- Collaboration

Al Ittihad Private School–Jumeirah is one of the five Al Ittihad Private School branches and opened its doors in 1998. IPS-J is serving a community of over 2,500 students and has become one of the premier schools in Dubai offering an American Curriculum. The school follows a standards-based US curricular program (California and MOE standards) from Pre-K to Grade 12 designed to prepare students for post-secondary education. IPS-J is an inclusive school offering a learning support program, which enables the admissions of a managed number of students requiring learning support at each grade level.

## AIMS

### Promoting Mental Health

- Implementing mental health awareness programs.
- Providing access to counseling services.
- Establishing a supportive and stigma-free environment for mental health discussions.

### Physical Well-being

- Encouraging regular physical activity through sports and fitness programs.
- Providing nutritional education and promoting healthy eating habits.  
(coordinate with Dr. Mazar)
- Creating a safe and stimulating environment that promotes physical health.

### Social and Emotional Support

- Implementing social-emotional programs.
- Fostering positive relationships and effective communication skills.
- Offering support sessions for students facing social and emotional challenges.

### Work-Life Balance for Staff

- Providing professional development on stress management and work-life balance.
- Creating a supportive work environment that acknowledges and addresses staff well-being.

### Community Engagement

- Involving parents and the wider community in well-being initiatives.
- Hosting community events that promote well-being and strengthen community bonds.

## Review and Monitoring

This policy will be reviewed annually to ensure its effectiveness and relevance. Feedback from students, staff, and parents will be actively sought and considered in the ongoing development of our well-being initiatives.

## Responsibility

The IPSJ Wellbeing Committee will be responsible for overseeing the implementation and effectiveness of this policy. The committee will consist of representatives from various stakeholder groups, ensuring a collaborative and comprehensive approach to well-being in our school.

This Wellbeing Policy reflects our commitment to creating a nurturing and supportive environment where everyone has the opportunity to thrive. It is a living document that will evolve to meet the changing needs of our school community.



IPSJ School Principal

Dr. Michael Boots



Signature

Date of issue: August 2021

Date of review: September 2025

